

2025-2026 Retreat Theme

NAVIGATING Turbulent Waters

Life is often unpredictable - in Scripture, the disciples knew this well: caught in storms, fearing for their lives, questioning their faith. And yet, Jesus was there - calming the sea, reaching out to Peter, inviting them to breakfast on the shore.

Join us for a reflective and restorative retreat where we will explore how to navigate the turbulent waters of our own lives. Together, we will listen deeply to the Holy Spirit's call to hope, peace, and inner stillness.



Laura James, Jesus Calms the Storm, 1995

This retreat offers space to:

- Reflect on the storms you face and where Christ meets you in them
- Discover spiritual anchors through prayer, Scripture, and community
- Cultivate the fruits of the Spirit - peace, patience, faithfulness - amid life's uncertainty
- Reconnect with God's presence and guidance when the waters rise

Come and rest in the One who speaks peace to the storm and calls you to walk by faith.

Will you step into the boat?

Retreats are available September through May

Learn more and register at stpaulretreat.org

St. Paul of the Cross Passionist Retreat Center

